

# REVIVE A SUNNAH TODAY

Why should you revive a Sunnah?

1. To be in Paradise with the Prophet. Whoever revives my sunnah then he has loved me. And whoever loved me, he shall be with me in Paradise [At-Tirmidhee]
2. To build up many rewards. Whoever revives a Sunnah from my Sunnah and the people practice it, will have the same reward of those who practice it without their reward diminishing [Ibn Maajah]

**Seek Refuge After a Bad Dream**

If any one of you sees a dream that he dislikes, let him spit to his left three times, and seek refuge with Allah from the shaytan three times, and turn over from the side on which he was sleeping. [Muslim, 5864]

**GAIN REWARDS BY PRAYING FOR THE PROPHET ON FRIDAY!**

"Frequently send salutations to me on Friday during the day and night. Whoever sends one salutation to me, Allah will send ten to him." [Al-Bayhaqi, graded hasan by Al-Albani in Saheehah 1407]

**I WAKE AT NIGHT AND SAY...**

There is none worth of worship but Allah alone, Who has no partner, His is the dominion and to Him belongs all praise, and He is able to do all things. Glory is to Allah. Praise is to Allah. There is none worth of worship but Allah. Allah is the Most Great. There is no might and no power except by Allah's leave, the Exalted, the Mighty, My Lord, forgive me. That whoever says this upon waking will be forgiven, and if he supplicates Allah, his prayer will be answered; if he performs ablution and prays, his prayer will be accepted. [Al-Bukhari, Ibn Majah]

**Make this powerful statement of appreciation!**

"Whoever has had something nice done for him and then says to his companion, 'Jazaak Allaahu khayran then he has surely excelled in praising (him)'" [Sunan At-Tirmidhee, classified saheeh by Al-Albaani]

**PROTECT FROM THE EVIL EYE BY PRAYING FOR BLESSINGS!**

"Whoever among you sees something in himself or in his possessions or in his brother that he likes, let him pray for blessing for it, because the evil eye is real." [Ibn al-Sunni, al-Haakim]

**MEET and...SUPPLICATE!**

Whoever sits in a gathering which indulges in useless talk and before getting up supplicates: Subhanaka Allahumma wa bihamdika, ash-hadu an la ilaaha illa anta, astaghfiruka wa atoobu ilaik - Glory be to you, O Allah, praise be to you. I testify that none has the right to be worshipped but you, I seek Your forgiveness and turn to You- he will be forgiven for the sins he may have intentionally or unintentionally committed) in that assembly. [At-Tirmidhee]

**Feeling ill? Recite Surah Al-Falaq and Surah An-Naas!**

'Aisha (may Allah be pleased with her) said: In his last illness, the Prophet (peace be upon him) used to blow breath (into his cupped hands) and recite Al-Mu'awwidhatayn (Surahs Al-Falaq and An-Naas) and then wipe over his body. But when his illness aggravated, I used to recite them over him and pass his own hand over his body for his blessing. [Al-Bukhaari, Muslim]

**Leaving each other? Recite surah al'Asr!**

On the authority of Abee Madaenah Ad-Daramee: When two companions of the Prophet met they wouldn't part company until one of them recited surah al'Asr to the other. After doing so one of them would say as-salamu alaykum to the other. [At-Tabarani, Awsot 5124. Graded authentic by Al-Albani]

**SAY 'Assalamu alaikum' to Friends ... and Strangers!**

A man asked the Messenger of Allah salallahu alayhi wa sallam: "What is the best thing in Islam?" He said: "Feeding others and giving the greeting of salaam to those whom you know and those whom you do not know." [Al-Bukhaari, Muslim and others]

**Surprised? Say SubhanAllah!**

When you are surprised or feel startled, say: SubhanAllah! (Glory is to Allah). [Al-Bukhari, cf. Al-Asqalani, Fathul-Bari 1/210, 390, 414, Muslim 4/1857]

**Supplicate for someone... without them knowing!**

"The supplication of a Muslim for his brother in his absence will certainly be answered. Every time he makes a supplication for good for his brother, the angel appointed for this particular task says: 'Ameen! May it be for you too.'" [Muslim].

**Have you insulted people? Supplicate for them!**

When was the last time you spoke ill of people behind their backs, even if it was true? Do you ever think about the consequences for yourself and your Hereafter? The Prophet salallahu alayhi wa sallam has given you a dua to make for someone you've insulted: O Allah! If I should ever abuse a believer, please let that be a means of bringing him near to You on the Day of Resurrection. [Al-Bukhaari, Muslim]