

After completing this lesson (a & b), you will learn **156 new** words, which occur **32,111** times in the Qur'an.

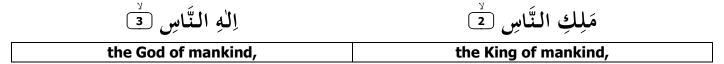


This is the last Surah of the Qur'an. The introduction to this Surah is given in the last lesson.



mankind	in the Lord (of)	I seek refuge	Say:
man :اِنْسَان	ب + <sub>ز</sub> َبّ	اَعُوۡذُ بِاللّٰهِ مِنَ الشَّيۡطٰنِ الرَّجِيۡمِ	
mankind : نَاس	; * ;		

- ➤ **Visualize**: Allah is the Rabb of seven billion people living now on the planet, in addition to those who died before and those who will be coming in future.
- ➤ He is the one who causes the rain to fall, brings forth the crops, maintains the sun and the earth in their respective orbits, alters the seasons, and all other things for our survival.
- ➤ He looks after every cell and every atom of each one of us every second. He is all-time Rabb of everyone. **Feel** His greatness while reciting it.
- Allah starts the Surah with "Say." We should recite this Surah as well as convey it to others with wisdom and kindness, the same way that the Prophet did.



- مَلكِ should not be mixed! The word مَلك means angel (plural: مَلَابِكَة and مَلك). The words مَلك and مَلك occur in the Qur'an **88** times.
- ➤ Visualize: He is the true King of seven billion people alive today. He owns everything they have, including their life and death. However much they deny or forget Him, they call upon Him, especially during tough times and difficulties.
- ➤ Ask: O Allah! Help me accept You as the true King and the only God in my daily life.
- ➤ Evaluate: How many times did I follow my desires? According to the Qur'an, following one's own desire is to make it god [45:23]. How many times did I succumb to the whisperings of the Shaitaan? According to the Qur'an, following Shaitaan is like worshipping him [36:60]. Why did I listen to him? Because of bad company, TV, internet?
- ➤ Plan: Remove bad friends, habits, and things from your life.

الُخَنَّاسِ ﴿	الُوسُوَاسِ لِا	مِنْ شَرِّ
the one who withdraws (after whispering),	(of) the whisperer	from (the) evil
	one who puts something secretly in the heart	
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- ➤ Whisper is the first attack of Shaitaan. If he succeeds then the man intends to do bad thing. Shaitaan then pushes the man to do the bad thing. If this is repeated, it becomes a habit. Bad habits lead to bad end.
- ➤ Whenever we are careless, Shaitaan whispers. If we remember Allah, he withdraws. But he never gives up the whispering activity.

النَّاسِ 5	فِي صُدُورِ	يُوسُوسُ		الَّذِيُ
(of) mankind,	into the chests	whispers		who
	صَدْر، صُدُور+	whispers	يُوسُوِسُ	the one who
	صدر، صدور	one who whispers	وَسُوَاسِ	الَّذِيُ عَلَّمَ بِالْقَلَمِ

- > Shaitaan tries to whisper into the chest as the chest is the entry region of the 'heart.' This is similar to a thief entering through the open space around a house.
- ➤ If the heart is 'alive' and 'sound' with the Dhikr of Allah, then the whisper attacks of Shaitaan fail and he withdraws miserably. If not, the person falls into the sin.
- Allah says about the Qur'an: وَشِفَآةٌ لِّمَا فِي الصُّدُورِ, i.e., a healing for that which is in the chests [10:57]. There are many diseases of the heart such as ignorance, doubts, hypocrisy, evil desires, enmity, hatred, jealousy, etc.



- > The Prophet told that every one of us has a Shaitaan Jinn always with him/her. He continuously tries to mislead us at every possible opportunity by whispering.
- ➤ Who are the Shaitaans from humans? All those people who work for Shaitaan directly or indirectly, who seduce us away from Allah. They include most of our media, television, newspapers and magazines that create doubts about Islam or call towards materialism and immorality. In addition, there are men and women around us who through their dresses, talks, and actions work as agents of Shaitaan. Isn't the world full of such people? Do you now see how important this Surah is for our safety!
- » In fact, a hadith mentions the greatness of the last two Surahs. 'Uqbah bin 'Amir said that the Messenger of Allah علي said: 'O 'Uqbah, shall I not teach you the best two Surahs that can be recited?' And he taught me: قُلُ ٱعُوْذُ بِرَبَّ الْفَلَق، قُلُ ٱعُوْذُ بِرَبِّ النَّاسِ
- ➤ Plan: Try to avoid all bad programs, gadgets, and friends and use your time to do good things. In addition to seeking Allah's help, strive as a team to create a clean society free from evil things.