

**In the name of Allah, Most Beneficent, Most Merciful**

# **Understand Qur'an – the Easy Way**









**For Primary School Children (Book-1)**

**Lesson-10: Supplications while Bowing  
down, Raising up & Prostration**

# سُبْحَانَ رَبِّيَ الْأَعْلَى [In Sujood– Prostration]

سُبْحَانَ	رَبِّي	الأَعْلَى
subḥaana	Rabbi-yal 'a'-laa	
Glory be to	my Lord,	the Exalted.

- Here again, we are talking of 3 things:
- O Allaah, to You belongs true Glory.
- O Allaah, You are above all creation, the Most High.
- When we do sujood, we become the lowest and then say O Allah! You are the highest.
- In this position, we become closest to Allah.

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- It shows our humbleness as well as our true position in front of Allah.
  - It is a symbol of surrender.
  - It also shows that we want to do everything that Allah says.
  - O Allaah, I praise You and love You. O Allaah, I prostrate in Your worship.
  - Remember we should NOT do Sajdah to any one in the world. We should do that ONLY for Allah.

سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ اللَّهُمَّ اغْفِرْ لِي

## [Du'aa in Sujood]

سُبْحَانَكَ	اللَّهُمَّ	رَبَّنَا	وَبِحَمْدِكَ	اللَّهُمَّ	اغْفِرْ لِي
subḥaanakal-laahum-ma		Rab-banaa	wa biḥamdika		'Allahum-magfir lee
Glorified are <b>You</b>	O Allah,	Our Lord,	and with <b>Your</b> praise;	O Allah!	Forgive me

- O Allaah our Lord, all Glory is to You,
- O Allaah, our Rabb, all Praise is to You,
- O Allaah, please forgive me. We are closest to Allah; so we ask Him to forgive us.

# Spoken Arabic

...

# Spoken Arabic

Say the following: (1) when you encourage someone to continue

عَلَى اللَّهِ ،	1: تَوَكَّلْ
‘alal-laah.	tawak-kal
in Allah.	(Have) trust

(2) when you say it to show your trust in Allah.

عَلَى اللَّهِ	2: تَوَكَّلْتُ
‘alal-laah.	tawak-kaltu
in Allah.	I trusted



# Grammar

Let us learn 6 sentences.

عَنْهُ

عَنْهُمْ

عَنْكَ

عَنْكُمْ

عَنِّي

عَنْهَا

about

رَضِيَ اللَّهُ عَنْهُ

about him

عَنْهُ

about  
them

عَنْهُمْ

about you

عَنْكَ

about you  
all

عَنْكُمْ

مُ

about me

عَنْيَ

يَ

These 7 words have  
occurred **404 times** in  
the Qur'an

about

رَضِيَ اللَّهُ عَنْهُ

Other meanings of عَنْ are also there.



# With, about

- Use your left hand to show these forms. (You have used right hand for showing He, They, ...)

Please note that the preposition **عَنْ** comes **404** times and the word **مَعَ** comes **163** times (alone and attached with the following 7 pronouns including **هَآ**). It may also be mentioned that preposition may have other meanings too, when it comes with a verb, etc.

with ... + مَعَ		about ... + عَنْ		No.	Pers on
with him	مَعَهُ	about him	عَنْهُ	sr.	3 <sup>rd</sup>
	ma-‘ahoo		‘aṇhu		
with them	مَعَهُمْ	about them	عَنْهُمْ	pl.	
	ma-‘ahum		‘aṇhum		
with you	مَعَكَ	about you	عَنْكَ	sr.	2 <sup>nd</sup>
	ma-‘aka		‘aṇka		
with you all	مَعَكُمْ	about you all	عَنْكُمْ	pl.	
	ma-‘akum		‘aṇkum		
with me	مَعِيَ	about me	عَنِّي	sr.	1 <sup>st</sup>
	ma-‘ee		‘an-nee		
with us	مَعَنَا	about us	عَنَّا	dl., pl.	
	ma-‘a-naa		‘an-naa		

# Don't forget to do the HWs

- Listen to a tape
- Paste the poster in your room and learn the meanings from it at different times in the day
- Fill up the worksheets in your book
- Start you homework, start with this book

3-5 min

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ  
نَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ نَسْتَغْفِرُكَ وَنُثُوبُ  
إِلَيْكَ